

## HYLO-CARE®

### Instruction for use

HYLO-CARE® - sodium hyaluronate and dexpanthenol  
Sterile, phosphate-free eye drops without preservatives.  
For lubrication and support of healing of a damaged surface of the eye due to dry eyes or surgical procedures.

### What is HYLO-CARE®?

HYLO-CARE® is a sterile preservative-free solution containing 1 mg/ml sodium hyaluronate, dexpanthenol, a citrate buffer and water.

### What is HYLO-CARE® used for?

For lubrication and support of healing of a damaged surface of the eye due to dry eyes or surgical procedures.

### When should HYLO-CARE® be used?

For regeneration and maintenance of healthy eyes the ocular surface - cornea and conjunctiva - has to be continuously wet. Ideally this is provided by our tears. However, it may happen that there are not enough tears or their composition is disturbed. Then the eye reacts with hyperemia, itching, foreign body or burning sensation, or rapid tiredness. These symptoms of an inadequate supply with physiologic tears may occur in dry or air-conditioned environment, as well as a result of a medical treatment or - purely - due to age.

The epithelial cells of cornea and conjunctiva are continuously restored and this process runs best in a humid milieu. Therefore it is also after surgical procedures important that the ocular surface is sufficiently lubricated so that the wound healing proceeds excellently.

In all these cases it is reasonable to apply intensive humidity to the eye by applying HYLO-CARE® in order to renew the physiologic balance of lubrication and moisturisation of the eye.

HYLO-CARE® contains the sodium salt of hyaluronic acid which is a physiologic substance of the eye but also of other parts of the body. Sodium hyaluronate has the special property to form an even and long lasting lubricating film on the surface of the eye without being rinsed away quickly. With it the moisturising effect is prolonged without impairing vision. **Therefore HYLO-CARE® can be used without problems during the day when eye ointments should not be used because of their greasy consistency which causes blurred vision.**

Additionally HYLO-CARE® contains dexpanthenol which belongs to the big group of B vitamins. By this component the need of the eye for intensive regeneration is covered and the lubricating properties of sodium hyaluronate are supported. Furthermore, Dexpanthenol supports wound healing. Consequently

small superficial erosions of the ocular surface caused by an insufficient tear film heal faster as well as wounds which are the inevitable result of a surgical procedure.

Withit HYLO-CARE® ensures not only a sufficient supply of humidity to the eye but at the same time provides an improved regeneration of corneal and conjunctival epithelia.

#### How should HYLO-CARE® be applied?

Picture 1:

Remove cap before use. Before the first application please turn the HYLO-CARE® bottle with its tip down and press onto the bottom of the bottle until the first drop appears at the nozzle. Now the bottle is ready for further use.

Picture 2:

Hold the bottle upside down with the thumb on the shoulder of the bottle and the other fingers on the bottom of the bottle.

Picture 3:

Support the hand holding the COMOD®-bottle as shown wit the other hand.

Picture 4:

Lean your head back slightly, gently pull down your lower eyelid and apply a strong and quick pressure on the middle of bottom of the bottle. This activates the mechanism for the release of one drop. Because of the special COMOD® valve system, size and speed of each drop are the same independently on how much pressure is applied. Slowly close your eyes to allow the fluid to spread evenly on the eye surface.

Picture 5:

Replace cap immediately after use. Take care that the dropper tip is dry. When applying the fluid please avoid any contact between the tip of the bottle and your eye or your skin.

The COMOD®-system for sale releases 10 ml of solution which is the equivalent of approximately 300 drops. For technical reasons a small amount of solution remains in the bottle at the end of usage.

Only one person should be treated with one particular bottle of HYLO-CARE®.

#### What else do you need to know?

If you use any other eye drops there should be at least 30 minutes between the applications and HYLO-CARE® should always be used last. Eye ointments should, however, always be administered after using HYLO-CARE®.

Because it is preservative-free, HYLO-CARE® is well tolerated even when used over a longer period of time. In very rare cases hypersensitive reactions like burning or excessive tearing have been reported which stopped immediately when the use of HYLO-CARE® was discontinued.

HYLO-CARE® may be used while wearing hard or soft contact lenses.

How often and for how long can you use HYLO-CARE®?

HYLO-CARE® should be used according to your disorders and the instructions given by your doctor or your pharmacist. Generally you instil one drop of HYLO-CARE® three times a day into each eye. If necessary it can also be used more frequently.

If you use HYLO-CARE® more frequently (e. g. more than 10 times per day) please consult your ophthalmologist. HYLO-CARE® is suitable for long-term treatment. As with all complaints you should consult your ophthalmologist when your complaints persist.

When should you not use HYLO-CARE®?

HYLO-CARE® should not be used if you are oversensitive to one of the ingredients.

What you need to know about storing HYLO-CARE®

Store at room temperature.

HYLO-CARE® can be used for 12 weeks after opening.

Do not use beyond the expiry date.

Keep out of the reach of children.

The following package sizes are available:

2 ml of eye drops (only as sample)

10 ml of eye drops

2 x 10 ml of eye drops

Date of information:

October 2008

Manufactured by: URSAPHARM Arzneimittel GmbH & Co. KG  
Industriestrasse 35, 66129 Saarbrücken, Germany  
Phone: +49 (0)6805-9292-0  
Fax: +49 (0)6805-9292-88  
e-mail: info@ursapharm.de



STERILE	A
---------	---